

**Heartsaver Pediatric First Aid CPR AED Agenda
for the Heartsaver Pediatric Course Path**

Approximate course path duration without optional topics: 3½ hours;
time may be extended with additional topics

Student-instructor ratio 6:1; student-manikin ratio 3:1

Lesson times are estimates and can vary from course to course.

Lesson	Duration (in minutes)
Child CPR AED	
Lesson 1: Introduction	5
Lesson 2: Child CPR	26
Lesson 3: Using an AED (Child)	12
Lesson 4: Summary: Child CPR AED	2
Lesson 5: Child CPR Skills Test	12
Lesson 6: Choking in Children	7
Lesson 7: Water Safety (Optional)	Topic not required (2 if added)
Infant CPR	
Lesson 1: Introduction	2
Lesson 2: Infant CPR	20
Lesson 3: Summary: Infant CPR	2
Lesson 4: Infant CPR Skills Test	12
Lesson 5: Choking in Infants	11
Lesson 6: Conclusion (Delete if teaching Adult CPR AED)	2
Break	5
Adult CPR AED (Optional ; if teaching all topics, add 79 minutes to course path duration)	
Lesson 1: Introduction	5
Lesson 2: Adult CPR	26
Lesson 3: Using an AED on an Adult	15
Lesson 4: Summary Adult CPR AED	2
Lesson 5: Adult CPR and AED Skills Test	20
Lesson 6: Drug Overdose (Optional)	Topic not required (5 if added)
Lesson 7: Choking in Adults	6
Lesson 8: Conclusion	2
Break	5
Pediatric First Aid	
Lesson 1: Introduction	7
Lesson 2: First Aid Basics	30
Lesson 3: First Aid Basics Summary	3

Lesson	Duration (in minutes)
Lesson 4: Medical Emergencies (Contains optional topics)	24 for required topics (60 for all topics)
Lesson 5: Medical Emergencies Summary	3
Lesson 6: Injury and Environmental Emergencies (Contains optional topics)	27 for required topics (50 for all topics)
Lesson 7: Injury and Environmental Emergencies Summary	2
Lesson 8: Prevention Strategies (Optional)	Topic not required (9 if added)
Lesson 9: Conclusion	2